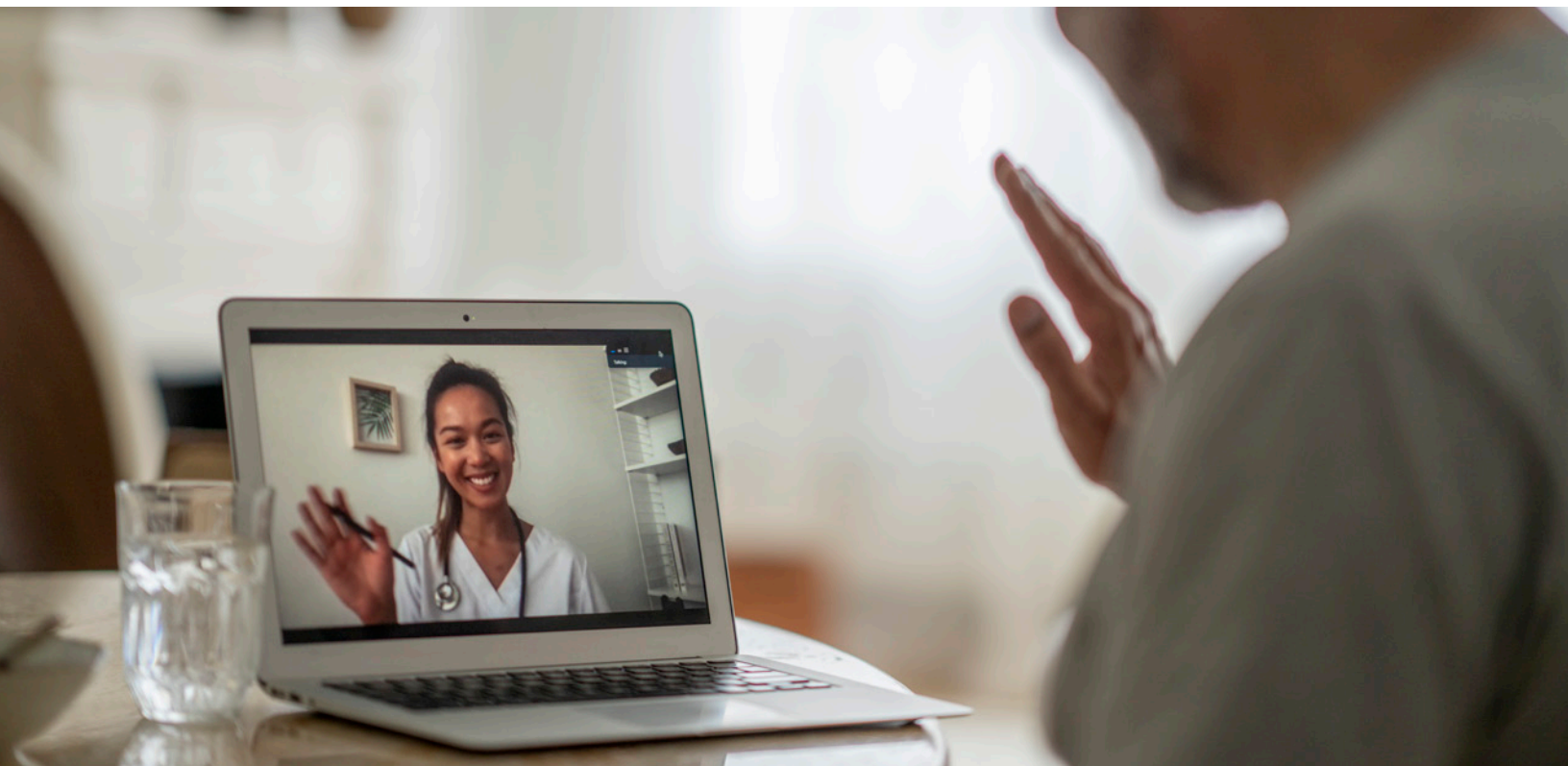




BlueCross BlueShield
of Illinois



Embrace a Culture of Health for Your Employees by Offering Virtual Primary Care

Lower your company's health care costs while giving your employees the convenience, savings and security of **Virtual Primary Care**, in collaboration with Teladoc® Health, provided by Blue Cross and Blue Shield of Illinois.

Virtual Primary Care provides your employees the flexibility of access to a board-certified provider and a dedicated care team 24/7 via website, app or phone.

Primary care is an important part of managing one's health. Getting annual checkups, learning how to manage

a health condition, and being empowered to make better health decisions can help your employees live healthier, longer, and more productive lives. Your company benefits through lower overall health care costs, increased productivity and improved morale.



For additional information about Virtual Primary Care, contact your account representative.

Teladoc
HEALTH



With Virtual Primary Care, your employees can:

- Choose a primary care provider who takes the time to get to know them, their health history and needs.
- Schedule annual checkups and ongoing care when it's convenient.
- Get referrals to in-person and in-network specialists, ongoing support from a dedicated care team and a custom care plan with clear next steps.

Your employees also get access to:

- **General Medical:** Diagnosis and treatment available 24/7 by board-certified doctors for cold/flu, allergies, sinus infections and more, with prescriptions sent to the employee's local pharmacy.
- **Behavioral Health***: Support for depression, anxiety, stress and more from a therapist or psychiatrist available by appointment 7 days a week.
- **Dermatology:** Upload photos through the secure portal and get custom treatment plans for skin issues such as eczema, psoriasis, acne, rosacea, skin infections and more.

For additional information about Virtual Primary Care, contact your account representative.



Employees can access Virtual Primary Care through **Blue Access for MembersSM** at **bcbsil.com**, or by:

- Downloading the app
- Visiting **Teladoc.com/bcbsil**
- Calling **1-800-TELADOC** (835-2362)

*Behavioral health may not be available on all plans.

Teladoc Health is an independent company that has contracted with Blue Cross and Blue Shield of Illinois to provide virtual medical care for members with coverage through BCBSIL. BCBSIL makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.